

# Career Insights: Be an Active Participant in Your Career

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# Guiding Thoughts

Taking stock of and effectively utilizing your gifts, skills, education, interest, and passion is key to Thriving in today's global marketplace.

You are a multi-dimensional asset to your employer, your family, your relationships, and yourself.

Know your value, demonstrate your value and be an active participant in your own career.

# Old Paradigm

- Become educated in a discipline/skill
- Apply for jobs in your area of education
- Get a job in your area of education
- Work there until:
  - You find a new job you like better
  - You find a new job making more money, better benefits, etc.
  - You find a new job working with/for someone with whom you “click” better
  - Get laid off
  - Get fired
  - Die

# New Paradigm

- You were born with certain “gifts”
- In your life you have gained certain skills, education and interests
- As you learn, grow and evolve you begin to recognize where your passion lies
- You seek out opportunities to utilize your gifts, skills, education, interests, and passion

To know this, do this and live this requires a mind shift

# Key “Mind Shift” Steps

- Conduct a “Gifts Inventory”
  - What can I do with ease
  - What things do others notice I do well
  
- Conduct a “Skills Inventory”
  - What gifts or abilities was I born with
  - What skills have I learned
  
- Conduct an “Interest Inventory”
  - What do I like to do
  - What interest me
  - What I would I spend my spare time reading, watching, doing

**The goal is to match your gifts inventory, skills inventory and your interest inventory in a multi-dimensional way to achieve that which you are motivated and desire to achieve.**

# Key “Mind Shift” Tools

## ■ The “Career Map”

- Map your life in 5, 10 year increments starting from age 0.
- Record your
  - Gifts
  - Abilities
  - Skills
  - Education

## ■ The “Web”

- Chart your inter connected “Web” of contacts and relationships
- Develop a mindset that understands and accepts the value of multi-dimensional , mutual beneficial relationships
- Develop and nurture multi-dimensional, mutual beneficial relationships

# Sample "Career Map"



# Sample "Web"



# The Goal

The goal is to match your interest inventory and your skills inventory in a multi-dimensional way in order to achieve that which you are motivated and desire to achieve.

Be an active participant in your career

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